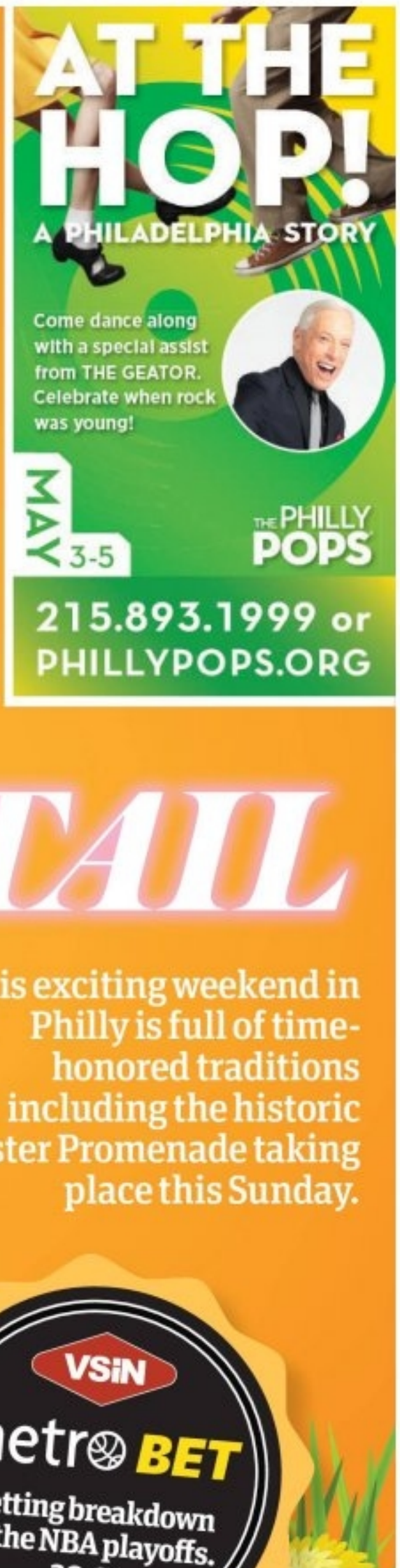
metro wknd PHILLY
April 18-21, 2019
metro.us

here comes PETER COTTONTAIL

This exciting weekend in Philly is full of time-honored traditions including the historic Easter Promenade taking place this Sunday.

VSiN metro BET
Betting breakdown of the NBA playoffs. 30-31

LUIS MATOS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WKND

Del Frisco's delicious brunch offerings. MANNY RODRIGUEZ

This weekend is going to be *hopping*

Top Philly spots are offering delicious deals this weekend.

MOLLY GIVEN

Easter and Passover are almost here, and some top Philly spots are celebrating in fun, delicious and exciting ways. If you're looking for a brunch, family activity or just a memorable experience for the holiday, look no further. Metro has the scoop on where to go this weekend to truly make this year's Easter/Passover holidays special.

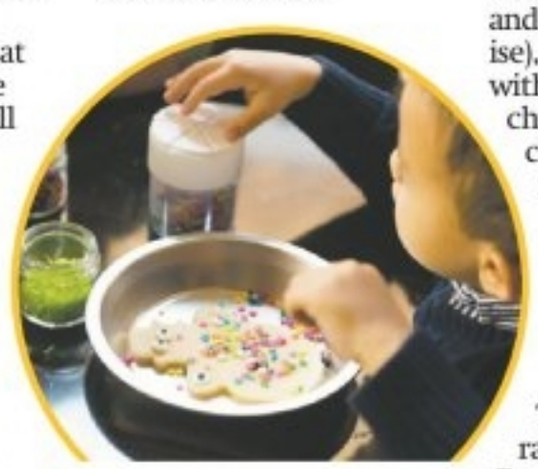
Branzino
The Rittenhouse hotspot is offering a specialty brunch for Easter this Sunday, and the menu looks out of this world. Guests can indulge in lamb belly hash with fried eggs, flat-iron steak and eggs with salsa verde, a mushroom, parmesan and kale frittata, stuffed calamari and much more. Branzino's secluded brick patio will be open for seating (weather permitting), dogs are welcome and guests can also drop off decor so that the tables are preset if they wish. *261 S. 17th St., branzinophilly.com*

The Twisted Tail
This Southern-style eatery is taking its already impressive brunch offerings up a notch this weekend. The Easter brunch buffet will feature multiple chef carving stations with porchetta, spring leg of lamb, omelets and waffles and other tasty dishes including pastries, bagels, smoked salmon, shrimp cocktail, fresh fruit and more. The buffet is available on April 21 from 10 a.m. to 4 p.m. for $48 per person and $25 for kids (3 to 10 years of age). *509 S 2nd St., thetwistedtail.com*

Ocean Prime
Ocean Prime is known for being one of the best steakhouses in Philly, and this weekend you will find out why. Starting at 2 p.m. this Sunday, the Center city hotspot will be serving up savory meals from new Executive Chef Steve Ackner in addition to dishes from the regular dinner menu. Options include a shrimp cocktail, lamb with two double cut chops, English peas, mushrooms and caramelized onions, ten layer carrot cake with cream cheese icing and pineapple syrup and more. *124 S 15th St., ocean-prime.com*

Fork
This Old City hotspot wants to make your holiday weekend special with a plethora of brunch options. Brunch will be served from 11 a.m.-3 p.m. this Sunday for $35 per person. Enticing dishes include beef tartare, Acadian pearl oysters, nicoise salad, steak and eggs, Colorado lamb chops and much more. *306 Market St., forkrestaurant.com*

a.kitchen
This Center City eatery is featuring a decadent brunch menu this weekend, and everyone is invited out to sample the delicious offerings being served up. Options include onion soup, a lobster omelet, prime rib, smoked lamb leg, French dip, salt cod eggs benedict and much, much more. *135 S 18th St., akitchenandbar.com*



Kids can decorate their own cookies at Square 1682 this weekend
GABELLO STUDIOS/ PUNCH MEDIA

Stir
The unique restaurant located in the Philadelphia Museum of Art is offering an appetizing prix fixe menu for brunch this Sunday at just $49 per person. Menu items include beet cured deviled eggs, salmon rilletes, vegetable crudité, an assortment of cake bites, truffles, and petit fours with fresh fruit and much more. The best part? Brunch also includes a mimosa or Bloody Mary (if you are 21 or over). *2600 Benjamin Franklin Pkwy., philamuseum.org*

Amada
This hotspot is offering both tapas and classic Spanish options for brunch this weekend and the whole family is invited out to indulge on Sunday. Options include sangria pancakes (made with stone fruit, orange, canela and whipped cream), Benedicto (made with crab, poached egg and Espelette hollandaise), Heuvos Rotos (made with duck egg, potato chips, serrano ham and chive cream) and much more. *217-219 Chestnut St., philadelphia.amadarestaurant.com*

Garden Restaurant at the Barnes
The Garden Restaurant at the Barnes Foundation is a unique experience on its own, throw in a decadent brunch and it's your best bet for a perfect dining spot this weekend. Indulge in delicious dishes such as a tomato caprese salad, country roasted ham, lemon herb chicken, smoked salmon and more while admiring the world-class art and horticulture at the eatery. The prix fixe menu this Sunday is $55 for adults, $15 for children under 10 and complimentary for kids under 3. *2025 Benjamin Franklin Pkwy., barnesfoundation.org*

Del Frisco's
Head to Del Frisco's this Sunday to take advantage of the gourmet and delicious brunch specials. Philadelphians can enjoy the lobster benedict (made with two poached eggs, a toasted English muffin, citrus hollandaise and caviar), filet mignon benedict (made with two poached eggs, a toasted English muffin and hollandaise), slow roasted herb-crusted prime rib (made with au jus and horseradish sauce) and much, much more. *1426-1428 Chestnut St., delfriscos.com*

Square 1682
This Center City spot is offering a fun-filled weekend with exciting activities and delicious food. On Sunday head to Square 1682 to indulge in the all-day brunch specials, over-the-top Bloody Mary bar (for only $8), special Easter-inspired mimosas and free cookies for the kiddos to decorate. *121 S. 17th St., square1682.com*

Liberty One Observation Deck
Liberty One may not offer food, but it is offering an amazing special this weekend that you just can't miss out on. Head to the Observation Deck this Saturday and Sunday to purchase a ticket on site and earn the opportunity to pick an egg out of a basket that will hold the chance to win a number of prizes. Prizes will include small toys, sweet items and complimentary tickets and upgrades. One lucky grand prize winner will win a Philadelphia-themed gift bag full of wonderful Philly-themed items. *1650 Market St., phillyfromthetop.com*

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August 16 & 18

MIRANDA LAMBERT
Saturday, August 31

Jerry Seinfeld | Saturday, April 20

Lewis Black | Friday & Saturday, April 26 & 27

The Empire Strips Back: A Burlesque Parody
Friday, May 3

Kevin James | Sunday, May 26

The Musical Box |
Friday & Saturday, June 7 & 8

Aaron Lewis | Friday & Saturday, June 14 & 15

Wu-Tang Clan | Saturday, June 15

The Revivalists | Friday, June 21

Jon Dorenbos: Magic, Football & Inspiration
Friday, June 28

Joe Rogan | Friday, June 28

IMOMSOHARD | Saturday, June 29

Diana Ross | Saturday, June 29

New Kids On The Block: The Mixtape Tour
Friday, July 5

Russell Peters | Saturday, July 6

Impractical Jokers
Thursday & Friday, July 11 & 12

Citizen Cope | Saturday, July 13

Josh Groban | Saturday, July 13

Tyler Henry: The Hollywood Medium
Friday & Saturday, July 19 & 20

Sarah Silverman & Friends | Saturday, July 20

Brit Floyd | Friday, July 26

Gladys Knight | Friday, July 26

Kenny Wayne Shepherd | Saturday, July 27

Rob Thomas | Saturday, July 27

Joe Bonamassa |
Friday & Saturday, August 2 & 3

Joey Diaz | Saturday, August 10

America | Friday, August 16

Aerosmith | Friday & Sunday, August 16 & 18

Boyz II Men | Friday, August 23

Jim Gaffigan | Saturday, August 24

Gabriel Iglesias | Friday, August 30

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A time-honored tradition

The 2019 Easter Promenade is this weekend. **MOLLY GIVEN**

Mr. and Mrs. Cottontail will be at the promenade this weekend ALL PHOTOS SOUTH STREET HISTORIC DISTRICT

Head to South Street this Sunday to take part in one of Philadelphia's most beloved and time-honored Easter traditions- the South Street Promenade. The Promenade is the regions largest Easter celebration, and every year thousands of people come to the City of Brotherly Love to take part in all of the excitement.

The promenade kicks off at 12:30 p.m. at the corner of South Street and Passyunk Avenue, and the sea of pastel-clad paradegoers will walk down one of Philly's most historic streets to get to the final destination- the Easter fashion contest. Every year some of the city's best dressed enter into the contest to show off their Easter fashion and Sunday best, while judges work together to find a winner for each category. The celebrity judges include well-known names in fashion, radio and television.

Categories include Best Dressed for different age groups, Best Dressed Family, Best Dressed Pet, Best Easter Bonnet and Best South Street Razzle Dazzle. Participants will receive free Easter treats and winners will be rewarded with special prizes.

The promenade will also have a few special guests and surprises this year, including appearances from Mr. and Mrs. Peter Cottontail, the World's Tallest Rabbit and the Easter Bunny himself. This year, look for a special new addition as the talented young ladies of The Royal Mix will be joining the promenade line-up. According to the release, these talented youth will perform a live song at the promenade stage to kick-off the stage ceremony. The promenade will be led by Master of Ceremonies Henri David, who has been at the forefront of the promenade for nearly 40 years. David has been a driving force in keeping this tradition alive and helping to re-vamp the exciting event altogether, he will return this year dressed from head to toe in his signature "mile high" and over-the-top Easter attire.

While marching down South Street, the Philadelphia Freedom Band will be performing some familiar songs including the famous Bunny Hop, all promenaders will be dancing in the street while listening to the fun and festive tunes.

The promenade has always been a special tradition in the city of Philadelphia. Originally the festivities took place in the Rittenhouse area and was known as an event "to see and be seen". Over the years, the promenade has grown and the traditions have expanded, making the whole event a staple in the City of Brotherly Love.

For more information on the Easter Promenade visit southstreet.com

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Jerry Seinfeld hits the stage in AC this weekend GETTY IMAGES

3 fun things to do in Atlantic City this weekend

Here's what you should do if you are heading to Atlantic City this weekend.

MOLLY GIVEN

Philadelphia has a lot to offer, but so does the beautiful coastal town Atlantic City. The city has grown exponentially over the past few years and is no longer just a casino or beach destination, it's a place to escape and indulge in fun activities and escapades. Here are three fun things to do in Atlantic City this weekend.

Steel Pier Easter Events
Head to Steel Pier this weekend to join in on some family-friendly Easter fun. This Saturday from 10:30 a.m.-12 p.m. indulge in a delicious pancake breakfast with the Easter Bunny himself, and then at 2 p.m. on Sunday enter into the Best Dressed contest to show off your Sunday best and earn the chance to win special prizes. Anyone interested in the contest can register between 1 p.m.-1:30 p.m. at the Ocean Reef Oasis. Guests can partake in all of the Easter holiday fun while also taking advantage of the other attractions Steel Pier has to offer including rides, amusement park games, helicopter rides, entertainment, food and drinks and much more. *April 20-21, various times, Steel Pier, 1000 Boardwalk, atlanticcitynj.com*

Jerry Seinfeld
Jerry Seinfeld is hitting the stage in Atlantic City this weekend and will be performing two shows at the Borgata Casino & Spa. Seinfeld has been a household name for years and made television history with his self-titled "show about nothing." The success of "Seinfeld" started a revolutionary precedent for television and cemented Seinfeld as one of the most legendary comedians of our time. The Brooklyn native can also be seen in other popular television and movie productions such as "Comedians in Cars Getting Coffee," "The Bee Movie," "The Larry Sanders Show," "30 Rock," "Curb Your Enthusiasm" and much more. Seinfeld has performed on the Borgata stage before and is coming back better than ever. There will be two shows at the Borgata this weekend, one at 7 pm and the other at 10 pm. *April 20, 7 p.m. and 10 p.m., Borgata Hotel & Casino, 1 Borgata Way, $99-$199, theborgata.com*

Matisyahu
Head to HQ2 Nightclub this weekend to see reggae singer and rapper Matisyahu. Matisyahu is best known for his hit songs "One Day." "King Without a Crown," "Live Like A Warrior," "Sunshine," "Time of Your Song," "Broken Car" and much more. Matisyahu's laidback tunes have been a staple for many beachgoers, so it's only natural that he performs in the popular beach-side resort town. The Pennsylvania native will be performing at the popular nightclub for one night only this weekend, and the event promises to be an unforgettable evening. HQ2 is known for featuring some of the hottest DJs, celebrity appearances and more each week, and their impressive guest list makes this venue one of the most sought-after spots in all of Atlantic City. Other acts performing at the nightclub this weekend include DJs From Mars, Zack Martino and Loud Luxury.
April 20, 10 p.m., HQ2 Nightclub, 500 Boardwalk, $30, hq2ac.com

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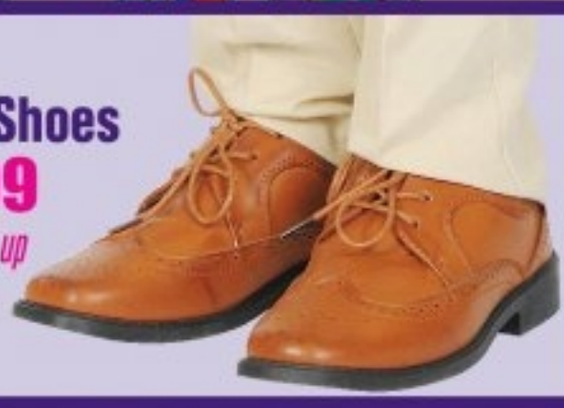

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WEEK 11: 4/18-4/21/19

5 BEST ALTERNATIVE DATING APPS

DANIEL CASILLAS | METRO WORLD NEWS

Dating apps, led by Tinder, have gained great popularity in recent years. However, there are other not-so-well-known applications that can be very useful for those who are looking for a partner. Metro highlights the best of them.

ALL PHOTOS PROVIDED

DOUBLE

This app allows you to have a date creatively: in a group. Double app provides a safer way to meet people offline, and it also means you're more likely to get to know those who might interest you. It also eliminates the potential discomfort of an individual date.

SWOONBOX

Is the world's first event-based dating mobile app integrated into TicketMaster, TicketNetwork, Spotify and Fandango. Through deep learning, it matches people around common interest in music, sports and other kinds of events, in order to get them meeting up in real life life as quickly as possible.

DO I DATE

The aim of this app is to have much more information and transparency about your possible appointment before attending the meeting. It brings an unprecedented level of openness to dates, because on the platform you can review and share past dating experiences, good or bad, for the benefit of others.

NOW

Immediacy is the great advantage of this app called Now. It allows users to find someone who is free and willing to do different activities at a specific time. If you find yourself with a couple of free hours and nothing to do, you can pair up with others and suggest an appointment idea.

OKCUPID

Unlike many dating apps, Okcupid gives more importance to the ideas and thoughts of its users than to their photos. According to its creators, it uses algorithms and information provided by users through questionnaires to achieve the perfect match.

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Hemp Gummies Shown To Relieve Discomfort

Hemp Gummies offer users fast acting relief from joint and muscle discomfort that's absolutely delicious; now available in the U.S. without a prescription

Chris Laufstein
Associated Health Press

BOSTON — For millions battling daily discomfort, this news couldn't be more exciting.

A new relief extract found in hemp is available across the nation and can be purchased without a prescription.

And the best part, it comes to users in the form of a tasty gummy bear.

So you can say goodbye to pills, needles, and creams!

Hemp Gummies, contains pure concentrated doses of hemp extract, which can help relieve joint discomfort along with general muscle aches and soreness.

It also calms, relaxes, and eases tension all over the body.

Exciting new scientific research shows that hemp extract contains special relief molecules called cannabinoids which bind to receptor cites in the brain and body. When taken orally, hemp extract activates these receptors, and soothing comfort begins to take form.

Available Across the Nation

Recent developments, like the ***US Farm Bill***, allow ***Hemp Gummies*** to be sold in the U.S. without a prescription. And since it can't get you high it's flying off the shelves.

"Most people have no idea that pure hemp extract, like ***Hemp Gummies***, can be purchased. And that's because it contains no THC," explains Dr. Joe Wezensky, who sits on the scientific board at Medici Quest.

"Instead, it's bursting with special relief compounds called cannabinoids. These cannabinoids target special receptor cites all over the body but are most prominent in the brain."

"This system of cannabinoids and the receptors that they bind to are called the Endocannabinoid System and science is just now unlocking its amazing medical potential"

"In fact, the initial research has been so impressive that hemp extract is now patented by the US Government (patent #6,630,507)."

"It's also being used by athletes in the NFL, MMA among other physically demanding sports as a safe alternative."

Clearing Up the Confusion Around Hemp

One of the biggest mistakes people make when talking about hemp extract is mixing it up with marijuana.

Although the two fall under the same plant category, cannabis sativa, they have completely different effects on the body.

Remarkably, hemp extract is available in the U.S. and can't get you high (ever!). That's because there is no THC in it, the chemical that makes you feel "buzzed".

"Although you can't get high from ***Hemp Gummies***, you can start feeling the effective relief," explains Wezensky.

"Most people have very low cannabinoid levels, which is why they constantly ache. ***Hemp Gummies*** boosts cannabinoid levels extremely fast, helping relieve lingering joint discomfort ...muscle tension...and general soreness. It also eases stress and elicits amazing relaxation without feeling impaired. And what most people really love is they're delicious and so easy to take on the go.

Hemp Extract, like *Hemp Gummies*, may help users with...

- Aching joints
- Sore muscles
- Cramping
- Leg and foot discomfort
- Restlessness
- Stress
- Sleep problems

How it Works

Clinical studies show that cannabinoids and the receptors that they bind to are found all over your body.

However, they are most concentrated in your brain. That's why it has such a profound impact on how you feel, especially your level of comfort.

These cannabinoids and their receptors work like "lock and key" and bind to each other triggering important biological processes.

Keeps Your Body Balanced...

The incredible impact cannabinoids have on your health is directly related to the primary goal of your Endocannabinoid System, which is to maintain a balance in the body, a physiological state known as homeostasis.

Research shows that maintaining this balance is a key to vitality and healthy bodily function.

The cannabinoids found in ***Hemp Gummies,*** hemp extract, replenish your levels quickly, easing discomfort over the entire body.

Plus, by keeping your body in balance (homeostasis), ***Hemp Gummies*** also helps to relieve stress and tension...improve sleep... and even promote relaxation and calmness.

Not Yet Sold in Stores

Hemp extract that is derived from industrial hemp, like ***Hemp Gummies***, is available nationwide. However, several major pharmaceutical companies are currently testing hemp extract in clinical settings, which means it may require a prescription in the future. It's advised to get ***Hemp Gummies*** while you can.

A GUMMY A DAY TO KEEP ALL YOUR ACHES AWAY: *Hemp Gummies a 5 milligram dose of Hemp Extract that works all day to keep you comfortable.*

Taking All the Risk Off Consumers

A large percentage of men and women using ***Hemp Gummies*** experience truly amazing results. That's why it's now being sold with a guarantee that goes way beyond the industry standard.

"We can only make this guarantee because we are 100% certain our customers will be satisfied," says Wezensky. We want to take full risk off consumers. So in addition to offering substantial discounts for first time customers, we also make them a huge promise that ensures they don't have to risk a cent."

Here's how it works: Take ***Hemp Gummies*** exactly as directed and you must be thrilled with the results! Otherwise, simply return the empty bottles within 90 days. Then, the company will refund your money plus give you an extra $10 for having tried the product.

Where To Find Hemp Gummies

This is the official nationwide release of ***Hemp Gummies*** hemp extract in Pennsylvania. And so, the company is offering a special discount supply to anyone who calls within the next 48 hours.

An Order Hotline has been set up for local readers to call. This gives everyone an equal chance to try ***Hemp Gummies*** hemp extract.

Starting at 7.00AM today, the discount offer will be available for 48 hours. All you have to do is call TOLL FREE at 1-800-291-5757. The company will do the rest.

Important: Due to hemp extracts growing popularity and recent media exposure, phone lines are often busy. If you call and do not immediately get through, please be patient and call back.

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Ryan Bingham is hitting the road with an all-new tour and album. MOLLY GIVEN

Singer-songwriter Ryan Bingham knows how to keep busy. The New Mexico native released a new album, is going on tour, helped create The Western music festival in Texas and even has a role on the hit show "Yellowstone" alongside Kevin Costner. Metro caught up with the singer before he hits the road with his exciting tour, and he gave us the scoop on his career, his inspirations and what to expect at his show in Philly on April 19 at Union Transfer.

You've written songs for TV, shows, movies, and for your own album. Where do you gather your inspiration from? Is it different for you when you're writing for yourself and when you're writing for TV or movies?
Yeah, I think for film and TV stuff or for anything that already has a narrative or a story to go with it, I'm basically kind of following along with that or trying to put myself into the shoes of the characters and write toward that. Whenever I'm writing an album for myself, it's always kind of starting from scratch and it's always a bit autobiographical and personal — things that I've gone through growing up and how the world has influenced me in different ways. I just try to draw off of all of those inspirations as well as other inspirations I've had while growing up.

You're about to go on tour. What do you like most about being on the road?
I've always kind of had a bit of an adventurous personality and when I was younger, I was very much looking forward to getting out and seeing the world and traveling. Now that I've been on the road for a bit and kind of re-visiting some of these towns, it gets to be more about sharing that personal experience with an audience and seeing kind of how they connect to these stories and the songs and how we all kind of have that human experience together. It always is kind of humbling and it's a magical thing.

Say there's someone who has never been to one of your shows but is thinking about going. What would you tell them to expect at a concert of yours?
You know, I really just tour around the country with a rock and roll band. I've got a lively band and it's upbeat, we try to have as much fun as we possibly can. Some of the songs that I write are folk songs that have a

Bingham is touring around the country this year. GETTY

rock and roll vibe behind them, so there are parts of the show where we will play acoustic and play some ballads and things like that. But for the most part, it's a little more high energy and it's a kind of rock and blues show. That's kind of the gist of it.

I wanted to ask you about the music festival, The Western, that you started down near Austin. Why did you decide to have the festival there?

When I first started playing music I lived down around Austin, Texas, and it's just a big melting pot culturally and musically. There's a lot of different things going on there and when I really got into music and writing songs it was in that spot. That town of Austin and the surrounding areas were very supportive of songwriters and storytellers and the place Luckenbach, where we had the festival, is a little town right outside of Austin. It's a place where songwriters would go and sit around a campfire at night and people would just play songs and share stories. That's really where it all began for me. I think touring now with the band, schedules are always really hectic and there's not a lot of opportunities to do that anymore, just sit around with friends and kind of share songs and stories. So I really wanted the festival to kind of be based on the roots of that and be a fun and organic experience. Also, I just wanted it to be a really fun place to hang out. A lot of times, festivals these days are a big tent in a parking lot and there's not a whole lot of vibe going on, so it's a great spot to hang all day with friends.

Just jumping briefly to your acting career as well. How has it been working with Kevin Costner and the rest of the cast on "Yellowstone"?

Amazing. This is the first TV show I've ever had a part in, so I would say I've been kind of spoiled with my experience just because the whole cast and crew are really great to work with. There are also lots of the writing and script changes, so you never know what's going to happen next. Overall, it's been a cool experience.

You obviously keep busy. What's next for you after you are done touring?

When I was writing songs for this record I ended up with a lot more than I had originally planned on, so I think I'm going to take some of these songs I have left over and keep writing some new ones and probably put another album out. Kind of one thing at a time for me right now.

'It's not a guidebook, it's just what I went through'– The triumphant return of *Snow Patrol*

We spoke with lead singer Gary Lightbody about the band's first album in seven years, "Wildness."

PAT KING
patrick.king@metro.us

In popular music, does absence really make the heart grow fonder or is remaining in the zeitgeist just as important as the quality of an artist's body of work? This is a complicated and worthy question, as time away from the spotlight in the streaming age can mean the end of a career for some, while the holdout for a reunion for certain artists can only build a legion of rabid fans to build a newfound cult status.

In the case of the Irish band Snow Patrol's lead singer Gary Lightbody, before the release of the band's 2018 album "Wildness," he spent seven years uncertain of whether or not he would be able to write another song after their 2011 album "Fallen Empires." During that time, he had to do some serious soul-searching and introspective self-help that included kicking his addictions to both drugs and alcohol in order to be able to get a handle on the demons that were sidelining his creativity. I spoke with Lightbody about what seven years without Snow Patrol was like and how he was able to overcome his fears and take the stage again.

Before last year's album ("Wildness"), it had been seven years since a proper Snow Patrol release. Do you feel that the time off put things in perspective for you?

It's a difficult thing to think about at the time, I think, as you're sort of meeting each new challenge as it comes. In hindsight, I can see the picture quite clearly. But at the time, I was wading through a whole bunch of different stuff. I didn't know if I could write another song. I just thought that was it. I've told this story before but I apologize for recycling it. I read an interview with Henry Rollins, who I'm a big fan of… He was asked why he didn't make any music anymore and he said: "I've had my songs and that was it."

I was in a real barren drought for a long period of time and I read those words and I thought, "F–k. I've had my songs!" This is coming from the mountaintop. This is coming from Henry Rollins! A man I've admired as much as any. He just told me what the problem is. I've run out of f–king songs. It took me a while to get over that, to be honest. Not that I'm blaming Henry Rollins for any of this [laughs]. But it did make me think that I was fighting an unwinnable war. It just made me dig in a little bit more. It took me a while to realize that this had nothing to do with the music. It was what was going on in my head that was the problem.

That was a long, long process and that's why it took seven years. It wasn't seven years of trying to make an album. It was five years of trying to get my life sorted and then six months of studio time making the record

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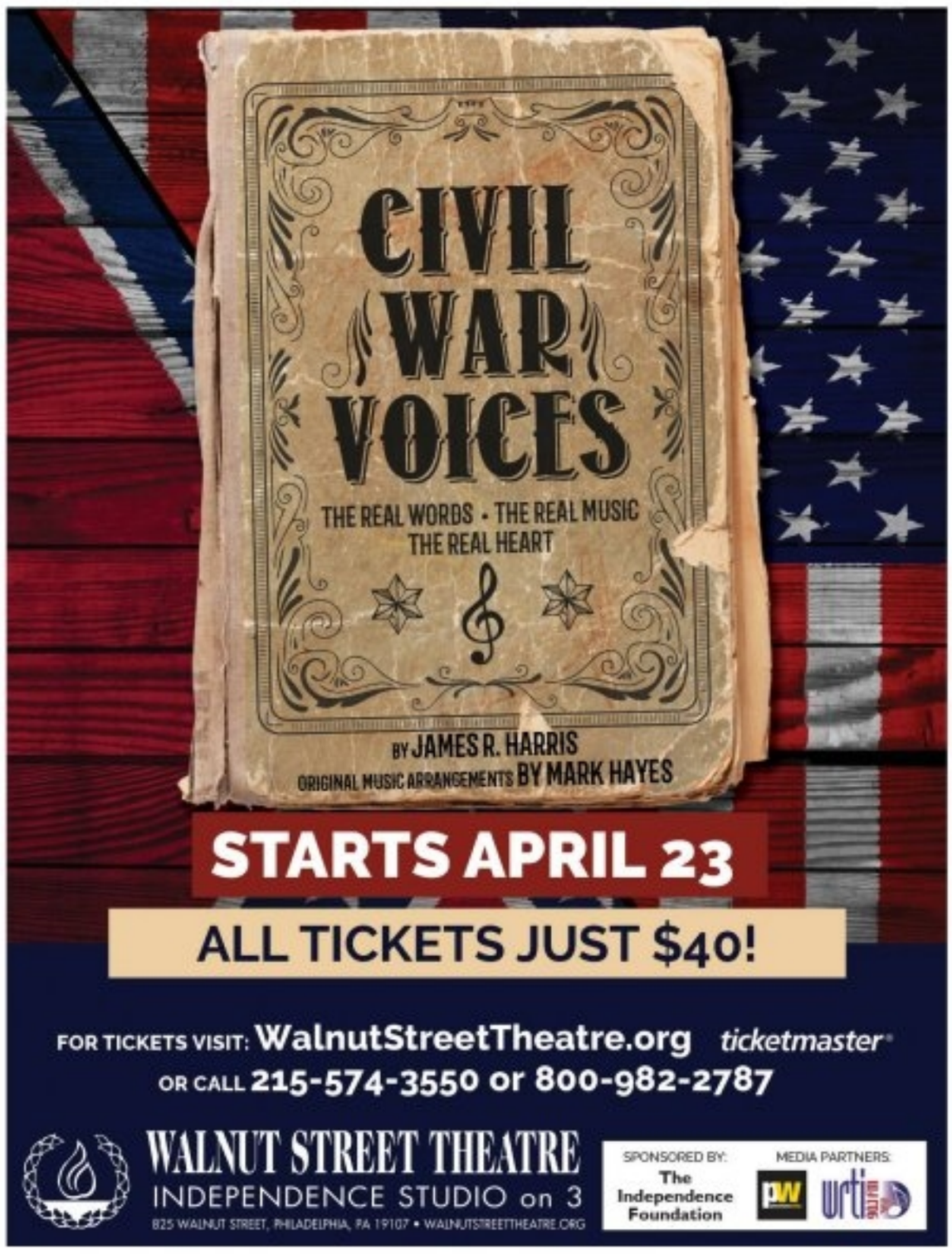
and 18 months of trying to write it with a clearer head.

A lot of the lyrical content on this album echoes strong messages of self-help. Your music has always been very full of empathy, but do you feel as though it is harder to really share yourself with your fans without it being a burden on your shoulders? Is that something you struggle with?

I think I used to struggle with it. I would keep something back from myself. Part of it was I thought, if I share this — the darkest places I wasn't able to open those doors and look the past, and any time I thought about trying to look in — I thought people would run from me was my greatest fear. If I showed anyone the darkest parts of myself, they wouldn't want to be my friends. The recovery from alcoholism and drug addiction was interwoven with the album and I knew that once I opened those doors and not just looked inside but sat inside and shared many meals with my demons, that I was never going to be able to go back. There was no closing the doors, they were just going to be open. I had to write about it and I don't think I was necessarily brave, I was just too scared not to do it. It kind of backed me into a corner and I said: "Well, I have to do this now."

I think your responsibility has to be to yourself, in a way. Nobody wants to hear the record that you make for everybody else. They want to hear the record you make for you. You just have to hope that it relates to other people because if you start trying to second-guess what people want, you are doing you or your fans or anybody else who listens to your songs a disservice. It's not a guidebook, it's just what I went through. I'm glad that it has connected with some people.

Snow Patrol will be in town to play the Tower Theater on Saturday, April 27.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Kodak Black
April 19

The popular rapper is bringing his talents to the City of Brotherly Love for one night only. **April 19, 8 p.m.-11 p.m., The Met Philadelphia, 858 N. Broad St., $39-$79**

"The Office" Trivia Tour
April 20

Test your "Office" knowledge during the "That's What She Said Office Trivia Tour" extravaganza. **April 20, 4 p.m.-10 p.m., JJ Bootleggers, 35 S 2nd St., $20**

Cher
April 20

The iconic songstress is bringing her talents to the City of Brotherly Love this month. **April 20, 8 p.m.-11 p.m., Wells Fargo Center, 3601 S. Broad St., $47-$500**

Fun things to do in Philly this month

South Street Easter Promenade
April 21

This historic event has been a Philadelphia tradition for over 80 years and features a fashion show, games and more. **April 21, 12:30 pm-2:30 pm, South Street, Passyunk Ave to Headhouse Sq, free**

Girlpool
April 20

The Philly-raised band is coming home to bring their talents and fun new tour on stage for one night only. **April 26, 9 pm-11 pm, Underground Arts, 1200 Callowhill St., $15**

Philly Margarita March
April 27

Go on a delicious and exciting margarita crawl around the city to sample some of he best margs Philly has to offer **April 27, 12 pm-10 pm, Fox & Hound, 1501 Spruce St., $70**

Philadelphia Chinese Lantern Festival
May 1

The historic Franklin Square will transform into a Chinese lantern wonderland for this fun and unqiue festival **May 1, 6 pm, Franklin Square, 200 N 6th St., $16-$18**

Philadelphia Magazine's 2019 Wine Festival
May 2

Sample over 500 (yes really) enticing wine samples while also munching on tasty bites at this spirited festival **May 2, 5 pm-9 pm, Lincoln Financial Field, 1 Lincoln Financial Field Way, $31-$246**

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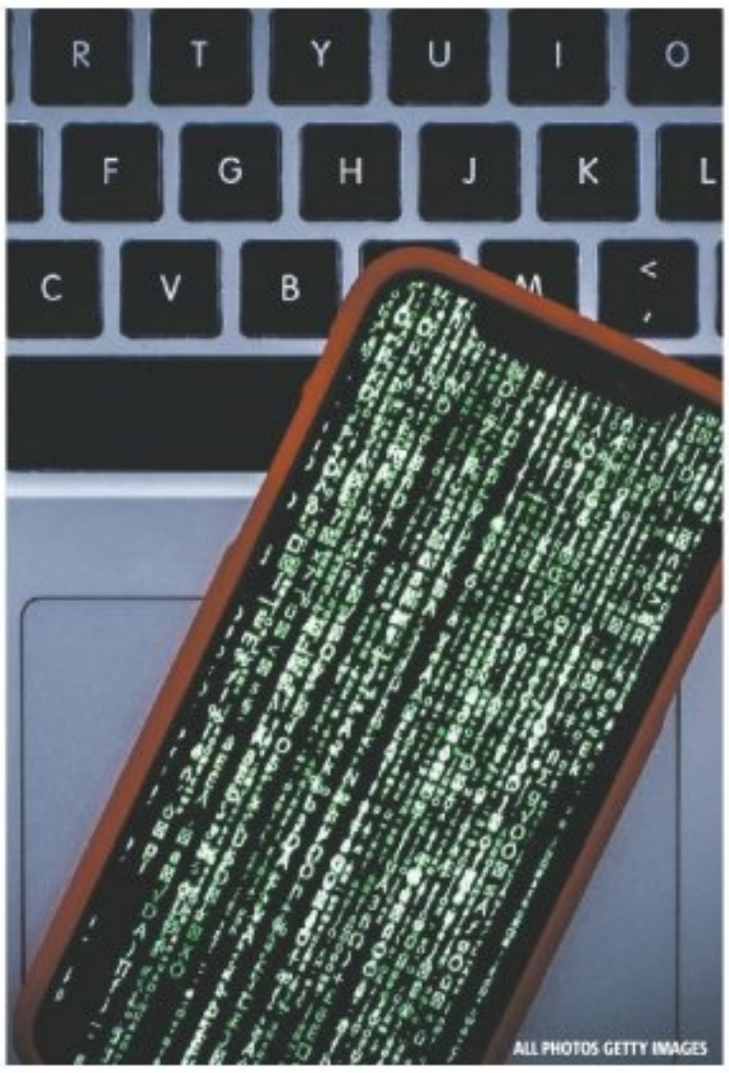
Trevor Noah
May 3

"The Daily Show" host is hitting the stage in Philly this month and bringing his witty social commentary with him
May 3, 10 p.m., The Met Philadelphia, 858 N. Broad St., $44+

3

Philly Tech Week
May 3

The 9th annual Philly Tech Week will be in full swing featuring all things coding, media, development and more.
May 3-11, various times, various locations around the city, prices vary



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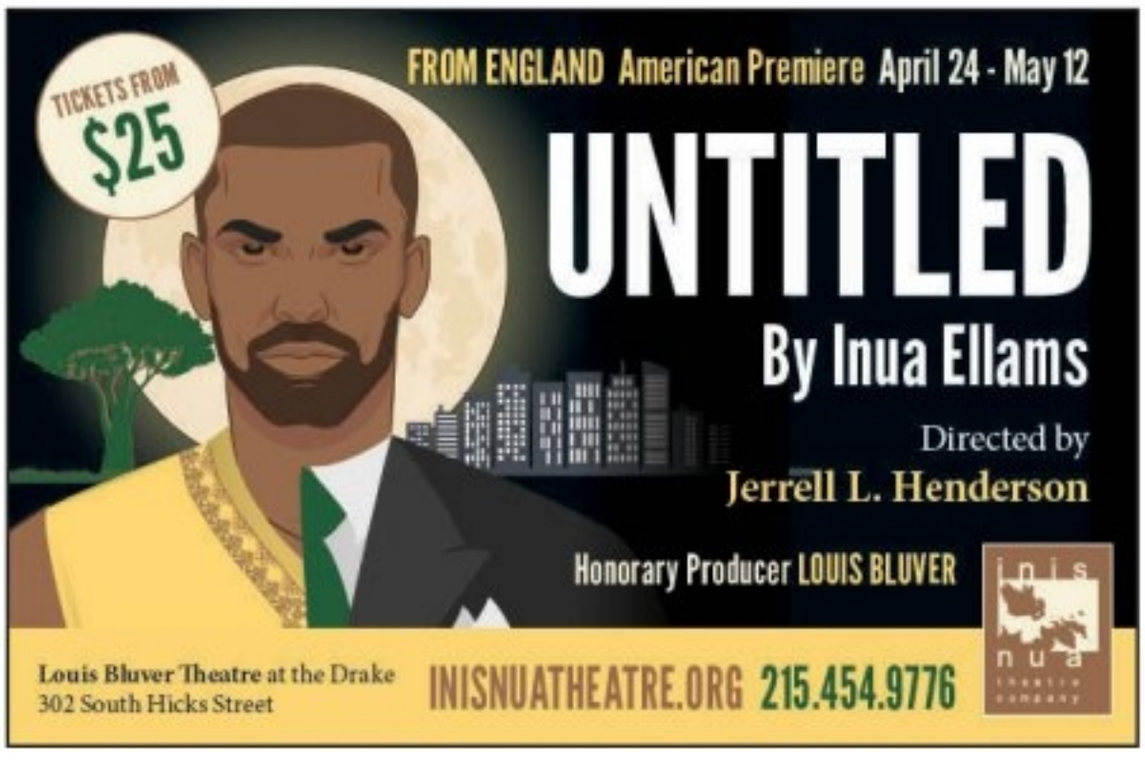

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READER WRITE-INS:

BAKED DOG POOP

My Grumble is, as the warm to hot weather approaches, for people who have dogs in their yards, especially in rowhomes. The stench of baked dog poop is pretty unbearable when windows are open for a breeze this spring and summer. Please clean your yards because as well as us smelling it, you're seeing and smelling it, too. I like to cook out but it's unpleasant to see and smell a yard full of dog doo-doo. I don't like dookie-flavored meat! This is even offensive to the dogs. This fecal matter is on their paws and in your house. I don't want my laundry on the clothesline to be fragrant with baked dog poop. So don't grumble, be humble and clean it up. Thank you in advance.

— **"Marmaduke's neighbors,"** *Metro US readers*

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Aries Don't let an emotional challenge ruin your day. Face facts and make changes that will encourage you to move out of the shade and into the sun. Present what you have to offer.

Taurus Think twice before you challenge an opponent. Go over his or her motives and consider how you can work with, instead of against, the inevitable. Compromise may be necessary.

Gemini Take a warning offered by someone close to you seriously. If you are too willing to help outsiders, you will end up in a vulnerable position.

Cancer Use your irresistible charm appropriately. If you take advantage of someone's vulnerability, you will hurt your reputation. Offer positive reinforcement and support to gain respect.

Leo Be smart regarding matters that could affect your home or community. Be willing to go the distance and make adjustments that are in everyone's best interest.

Virgo Listen and learn. Someone who has a unique way of thinking or doing things will inspire you to make a lifestyle or professional adjustment.

Libra Don't let uncertainty set in if someone offers information that doesn't make sense. Call on an expert to break down what you've been told so you can make the best choice.

Scorpio Don't let the actions of others influence you. Head in a direction that is conducive to learning and developing skills you can use to bring about personal change that will make you happy.

Sagittarius You'll be encouraged to make a personal change. The manner in which you treat others will lead to an offer that is worth considering.

Capricorn Look for ways to improve your home or relationships with family or co-workers. Reaching out in good faith will lead to a tempting opportunity.

Aquarius Money matters, home improvement and charitable acts will inspire you to contribute more to your community. An unexpected opportunity will develop.

Pisces Dream big, but stick to basics and live within your means. Know your limitations and how to deal with conflict and troublemakers. EUGENIA LAST

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What prescription drugs could you give up with medical *marijuana?*

new LEAF on life

Part of the stigma that still exists around medical marijuana is that people who are skeptical of its true benefits still view it as an illegal substance that people only use recreationally. What those non-believers don't fully understand is that with the wider acceptance of medical marijuana, patients will be introduced to a non-habit-forming alternative to some of the most addictive prescription drugs linked closely with the opioid epidemic in our country. Here are five different categories of medications that could be avoided with the use of medical marijuana.

Painkillers

Perhaps one of the most dangerous prescription drugs that can be directly linked to the opioid crisis in our country is Vicodin. While this drug has been known to help patients who are suffering from severe pain as a result of a physical injury, medical marijuana or topical CBD lotion can be used as a non-addictive alternative to relieve pain and relax muscles.

Antidepressants

Throughout the years, it has been common practice that patients who suffer from depression are prescribed drugs such as Zoloft. While those drugs are indeed effective for some, they can also bring about such negative side effects as sleepiness, nausea and a lack of sex drive. In a study performed by Washington State University, they found that, after reviewing close to 12,000 subjects, the use of marijuana significantly reduced depression, anxiety and stress. While different drugs work for different people, using medical marijuana instead of antidepressants could cut down on some of the negative aspects that come with them.

Stimulants

Some people who have a hard time focusing on topics at hand because of their overactive brains may enjoy the benefits of CBD extracts that can help patients to focus without the side effects of THC. Specifically, patients who suffer from ADHD and are accustomed to taking Adderall could use CBD as certain compounds act like the amphetamines that are used to treat these symptoms. While CBD does not contain the psychoactive side effects of medical marijuana, cardholders can also spring for the active and energetic strain of cannabis known as sativa that will also help to counteract ADHD.

Anti-anxiety meds

Although some people tend to get more anxious with the use of cannabis, it has also been proven that medical marijuana can help certain patients who suffer from PTSD. According to a study conducted by the National Center for Biotechnology Information, the results observed on patients with PTSD who used medical marijuana to treat their symptoms had overwhelmingly positive results. This can be extremely helpful as many people who suffer from PTSD, such as veterans, have been known to turn to both addictive drugs or alcohol to combat severe stress.

Sleep aids

Those who suffer from insomnia have long been subjected to the use of powerful and dangerous drugs such as Ambien in order to get enough sleep to keep their lives on track. Because medical marijuana has been known to reduce stress and anxiety, patients who use it will be able to sleep more soundly throughout the night without using a heavy and addictive substance.

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Six neighborhoods in Philly set for street cleaning pilot

The streets of Philly will get some TLC as part of a new cleaning program.

NATE HOMAN
letters@metro.us

The streets of six city neighborhoods are getting a mechanized cleaning crew, Mayor Jim Kenney announced on Tuesday.

The Mechanical Street Cleaning Pilot Program is a groundbreaking initiative that includes a $2.3 million annual investment in street cleaning to reduce litter on Philadelphia streets and sidewalks — part of the city's fiscal year 2020 budget as well as a key component in the Five-Year Plan to improve quality of life for Philly residents. The program will kick off in mid-April and run until Dec. 1.

In 2008, the city discontinued its residential mechanical street sweeping program due to a lack of funding. While the city has continued to clean routes with heavy traffic in and around business corridors, certain residential blocks have struggled with litter and illegal dumping.

"Watching our city get dumped on day after day seriously burns me up. It is the reason why I have fought to bring back a residential mechanical sweeping program."
Mayor Jim Kenney

"Watching our city get dumped on day after day seriously burns me up," Kenney said in a statement posted on Philadelphiastreets.com. "It is the reason why I have fought to bring back a residential mechanical sweeping program. Being able to restore this program in the neighborhoods that need it most is something I am very proud of, and I thank the Streets Department for their work on putting this pilot together."

The city will use a fleet of mechanical-broom street sweepers as well as man-powered backpack and handheld blowers. Residents with cars won't face tickets or penalties but are encouraged (but not required) to move their vehicles on street cleaning days.

The areas selected for the pilot program have litter ratings of 2.0 or higher on the Litter Index.

According to the official Phila.gov page, the Litter Index is conducted by trained staff in the city departments responsible for surveying and documenting litter on city streets, sidewalks, vacant lots and oth-

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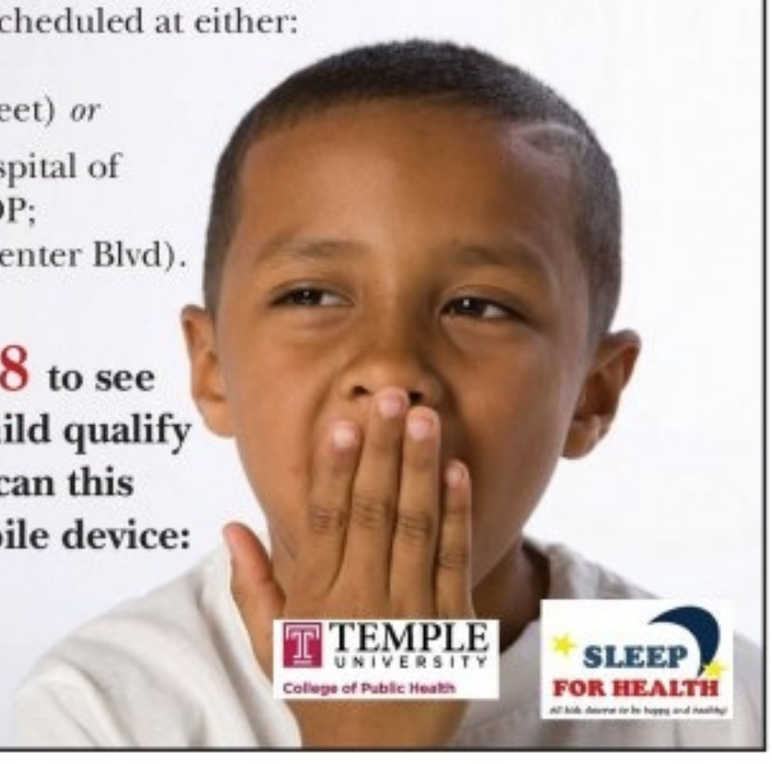
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Street sweepers are headed to six neighborhoods in Philly starting mid-April. DEPARTMENT OF STREETS, OFFICE OF THE MAYOR

er public property. It combines a cloud-based survey taken on tablets using GPS coordinates to ensure accuracy, plus boots-on-the-ground observations from field surveyors who give a 1 to 4 litter rating based on metrics from Keep America Beautiful. A rating of 1 means little to no litter, 2 being litter in the amount that can be picked up by one person, 3 being litter in the amount that would need a team and 4 means litter that would require a large cleanup effort and/or heavy machinery to remove debris.

"Using the Litter Index, we've spent the last two years collecting data to identify the areas of the city where litter and trash debris are most prevalent," Managing Director Brian Abernathy said in a statement. "More importantly, we identified the areas of the city where mechanical cleaning will be most effective."

The following neighborhoods were identified for the program expansion: West Philadelphia (Parkside Avenue to Lancaster Avenue, from 52nd Street to Girard Avenue); Southwest (Woodland Avenue to Kingsessing Avenue, from 49th Street to Cemetary Avenue); Kensington (2nd Street to Frankford Avenue, from Tioga Street to Lehigh Avenue); Strawberry Mansion (Diamond Street to Lehigh Avenue, from 29th Street to 33rd Street); Logan (Godfrey Avenue to Roosevelt Boulevard, from Broad Street to 5th Street); and South Philly (McKean Street to Oregon Avenue, from 4th Street to 8th Street).

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NOTICE OF PUBLIC SALE

To satisfy the owner's storage lien, PS Orange Co. Inc. will sell at public lien sale on **April 23 and 24th, 2019,** the personal property in the below-listed occupants' leased spaces, which may include but are not limited to: household and personal items, office and other equipment. The public sale of these items will begin at 10:00 AM and continue until all units are sold.

PUBLIC STORAGE # 25765, 2345 Castor Ave, Philadelphia, PA 19134, (215) 600-1197 • 4/23/19 - Time: 10:00 AM

1053 - Bolden, Monique; 1126 - Simms, Lonnie; 1131 - Brown, Amy; 1134 - Good-Dublin, Angelique; 1170 - Wilson, April; 1259 - Devery, Kimberley; 2000 - Cooper, Shawna; 2017 - Mcshane, Daniel; 2049 - Andricks, Ryan; 2069 - Grier, Jacqueline; 2112 - Lopez, Iris; 2139 - BURGESS, ELIZABETH; 2173 - Parkhurst, Tricia; 2196 - Midenberg Law Firm, Pc Mildenberg, Brian; 2198 - Snow, Russell; 2202 - Thomas, Shanequa; 2214 - Hall, Eugene; 2291 - Legare, Johneice; 2307 - Candelaria, Linda; 2351 - Michel, Lisa; 3010 - DELANGE, DANIELLE; 3069 - Jordon, Shannon; 3119 - Holz, Rachel; 3201 - EMERY, JASMINE; 3217 - Dedmon, Mark; 3427 - Tice, Victoria; 4055 - Lopez, Bobby; 4056 - Gallagher, Joseph; 4117 - Colon, Lilliam

PUBLIC STORAGE # 29145, 2190 Wheatsheaf Lane, Philadelphia, PA 19137, (215) 309-8042 • 4/23/19 - Time: 11:00 AM

A062 - Grant, Lynise; A170 - Ford, Freeman; B021 - Wilson, Richard; B127 - Hainey, Helen; E025 - Carrero, Edwin; E126 - Murphy, Lakisha; F013 - CHMURA, GREGORY; F019 - GUTIERREZ, JAMES; G008 - Buggey, John

PUBLIC STORAGE # 24417, 6301 Tacony Street, Philadelphia, PA 19135, (215) 309-8025 • 4/23/19 - Time: 12:00 PM

A027 - Rivera, Eduardo; A083 - Hairston, Malik; B190 - Bean, Bridget; C303 - Colwell, Edmund; C332 - Jones, Dominiqur; C348 - Martinez Genao, Paul; D371 - Mars Jr, Thomas; D397 - Jefferson, Charles; D401 - Hall, Joe; D430 - Jefferson, Charles

PUBLIC STORAGE # 23222, 1431 Ivy Hill Road, Philadelphia, PA 19150, (215) 309-8053 • 4/24/19 - Time: 10:00 AM

A212 - Richmond, Arnold; C506 - James, Dennis; C512 - Davis, Deborah; C634 - Stanford, Marc; C645 - Espinosa, Geneva; D704 - Franklin, Connie; D836 - Williams, Sharron; E946 - Partlow, Cheryl; F1117 - Ballard, Bruce; F1248 - Bryant, Tamara; G1322 - Purnell, Abena; H1522 - Newkirk, Anton; H1538 - Williams, Lawrence; H1634 - Johnson, Evelyn

PUBLIC STORAGE # 23216, 6225 Oxford Ave, Philadelphia, PA 19111, (215) 253-6093 • 4/24/19 - Time: 11:00 AM

A220 - Valdez, David; A222 - Gaddy, Alexander; A235 - Torian, Theresa; A354 - Dorvilier, Jean; A456 - Jones, Ikenya; A578 - Noel, Tabeel; A598 - Davis, Lanee; A635 - Fitzgerald, Shawntel; A647 - Howard-Leland, Jane; A745 - Thomas, William; A763 - Poole, Crystal; A800 - Rahman, Rosa; A825 - Smietana, Crista; B1110 - Dailey, Justin; B1119 - Kayed, Majed; B1403 - Byrd, Lady; B1524 - Purnell, Marcus; B1531 - Coleman, Ronald; B1616 - Kennedy, Teisha; C2109 - Houck, Helene; C2220 - Serrano, Jennifer; C2414 - Cella, Francis; C2727 - Mcclain, Maurice

Public sale terms, rules, and regulations will be made available prior to the sale. All sales are subject to cancellation. We reserve the right to refuse any bid. Payment must be in cash or credit card-no checks. Buyers must secure the units with their own personal locks. To claim tax-exempt status, original RESALE certificates for each space purchased is required. By PS Orangeco, Inc., 701 Western Avenue, Glendale, CA 91201. (818) 244-8080.

Teenager 'infatuated' with Columbine found dead in Colorado

Sol Pais, 18, was found wearing camouflage pants, a black T-shirt and boots.

Columbine High School. ISTOCK

A Florida teenager believed to be armed and "infatuated" with the Columbine massacre was found dead by authorities in Colorado after she traveled to the state days before the 20th anniversary of the school attack, according to CNN and other media reports.

Sol Pais, identified as an 18-year-old woman from Surfside, Florida, whom authorities had called "extremely dangerous," was found in Clear Creek County, a local CBS affiliate reported. CNN, citing law enforcement sources, reported that she was dead when authorities found her.

Pais was "no longer a threat to the community," Patricia Billinger, a spokeswoman for Colorado's Public Safety Department told Reuters. She declined to elaborate.

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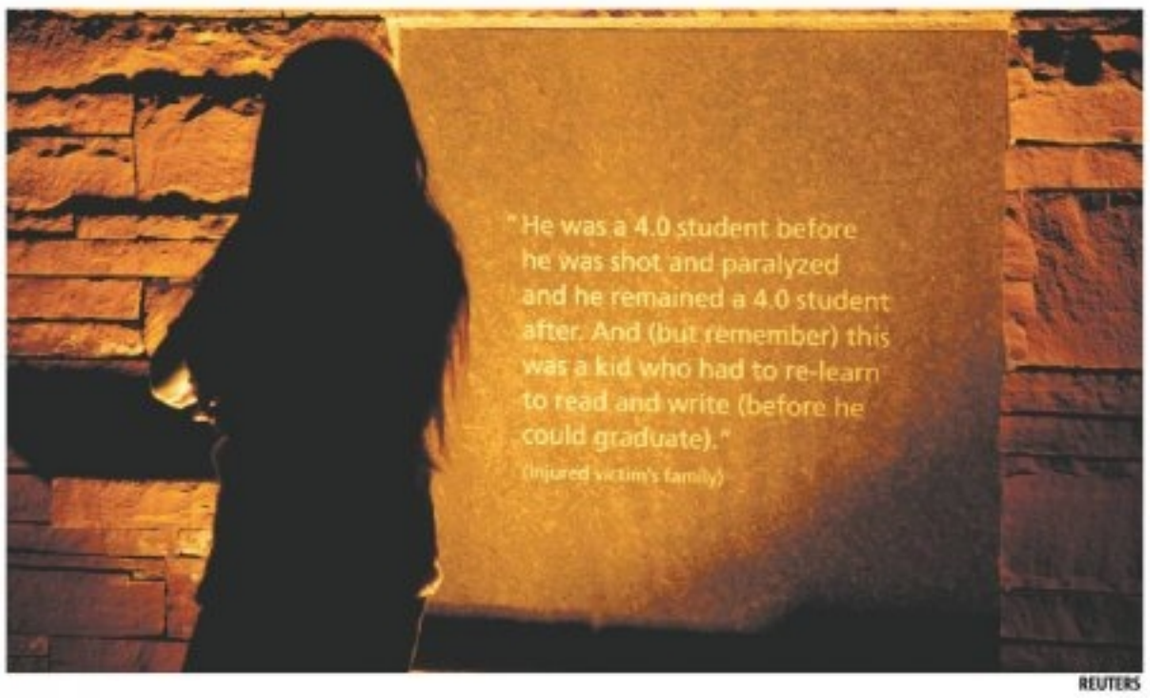
"He was a 4.0 student before he was shot and paralyzed and he remained a 4.0 student after. And (but remember) this was a kid who had to re-learn to read and write (before he could graduate)."
(Injured victim's family)
REUTERS

Clear Creek County is about 40 miles west of Columbine High School, where two teenaged male students shot and killed 12 classmates and a teacher on April 20, 1999, before committing suicide.

Area schools were closed on Wednesday as FBI agents, Jefferson County deputies and Colorado state troopers searched for Pais.

Pais flew from Miami to Denver on Monday, where she bought a pump-action shotgun and ammunition, FBI Special Agent in Charge Dean Phillips said at a news conference late on Tuesday. Denver is adjacent to Jefferson County.

Some 20 to 30 officers were searching for her near the Echo Lake Campground in the Arapaho National Forest on Wednesday morning, CBS 4 in Denver reported.

A spokeswoman for the Miami-Dade County Public Schools said that Pais was a student at Miami Beach Senior High School and that there was no threat to schools within the district.

On Tuesday, an FBI bulletin said authorities lacked probable cause for a formal arrest but that law enforcement should detain Pais for a mental-health evaluation.

The Jefferson County sheriff's Twitter post, which included two photos of Pais, said she was dressed in a black T-shirt, camouflage pants and black boots. REUTERS

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To satisfy the owner's storage lien, PS Orange Co. Inc. will sell at public lien sale, the personal property in the below-listed occupants' leased spaces, which may include but are not limited to: household and personal items, office and other equipment. The public sale of these items will begin at 10:00 AM and continue until all units are sold.

PUBLIC STORAGE # 22328, 245 West Chester Pike, Havertown, PA 19083, (484) 247-3851
April 24, 2019 Time: 10:00 AM

B039 - Finch, Alesha; B152 - Greene, Daniel; C158 - Lites, Jeffrey; C195 - Schanbacher, Nan; C218 - Williamson, Ken

PUBLIC STORAGE # 23101, 8401 Lansdowne Ave, Upper Darby, PA 19082, (484) 268-5971
April 24, 2019 Time: 10:30 AM

A102 - Mcdonald, Andrew; A203 - Prandeski, Edward; A508 - Howard, Lauren; A654 - Barnes, Boyd; A723 - Viles, Mary; B1031 - Stevens, Chauntae; B2003 - Washington, Matilda; B4014 - Powe, William; B916 - Mike, Gregory; C9030 - Henning, Tiffany

PUBLIC STORAGE # 23421, 6330 Market Street, Upper Darby, PA 19082, (484) 273-0258
April 24, 2019 Time: 11:00 AM

A025 - Dunbar, Richard; A080 - Williams Jr, Richard; A082 - Young, Angela; A111 - Johnson, Saiiroo; A120 - Odero, Betty; A161 - Mackey, Karina; B196 - Samba, Deanna; B197 - Shepperd, Christopher; B227 - Romano, Brittany; B272 - Phillip, Arnotte; B281 - Williams, Shanell; B371 - Knox, Durrock; B427 - Freeman, Kimono; B449 - Garvin, Thomas; B483 - Edwards, Martha; B536 - Culler, Shahidah; B540 - PETTY, BONITA; B574 - Davis, Brenda; C621 - Bridges, Latoya; C623 - Stibbins, Ashley; C635 - Farlow, Cynthia; C650 - McIntyre, Alfred; C662 - Levine, Judith; C709 - Manigat, Alain; C766 - Bivens, Jackie; C783 - Kirby, Jennifer; C849 - WHITE, WILLIAM; C852 - Webb Johnson, Rema; C855 - Gooden, Donna; C865 - Scott, Scolia; C886 - Comer, Jessie

PUBLIC STORAGE # 08128, 7000 Lindbergh Blvd, Philadelphia, PA 19153, (215) 309-8051
April 24, 2019 Time: 01:00 PM

0131- Johnson, Monique; 0142 - Weston, Ginger; 0158 - Bantoe, David; 0168 - Lozada, Milagros; 0225 - Fassett, Candice; 0560 - Cuffie Jr., Wesley; 0563 - Godwin, Grace; 0628 - King, Robin; 0641 - Price, Wilhelmina; 0645 - Bryant, Winston; 0659 - Morgan, Nikishia; 0703 - Kendall, Antione; 0719 - Clark, Chanelle; 0810 - CARROLL-HOLMES, KIMBERLY; 0811 - KENNEDY, VIVIAN; 0818 - Calloway, Toni; 0820 - BLAY, LAURINA; 0826 -IGBOKIDI, VICTOR; 0915 - Thompson, Tenia; 0926 - REYNOLDS, CATRINA; 0938 - Jones, Sakina; 0956 - Thomas, Taliah; 0957- Heath, Sabrina; 1001 - Tonkins, Aisha; 1031 - BRINSON, TIMOTHY; 1075 - Ewing, Del; 1078 - Ewing, Del

PUBLIC STORAGE # 29204, 2112 W. Main Street, Norristown, PA 19403, (484) 290-0217
April 25, 2019 Time: 10:30 AM

1100 - Wicker, Florence; 1107 - Thomas, Mia; 1214 - Repsik, David; 2017 - Wardlaw, Holly; 2119 - Smith, Jeanette; 3020 - Vear, Philip; 3175 - Scott, Carla; 3191 - Simpkins, Michael; 3222 - Kakou, Ezani; 3236 - Deal, Darrell; C1027 - Hussar, Christie

PUBLIC STORAGE # 23102, 2025 Chemical Road, Plymouth Meeting, PA 19462, (484) 408-0906
April 25, 2019 Time: 11:00 AM

E302 - Keefer, Lori

PUBLIC STORAGE # 21808, 7571 Ridge Ave, Philadelphia, PA 19128, (215) 309-8006
April 25, 2019 Time: 11:30 AM

C031 - Dempsey, Selene; C061 - Moses, II, Richard; D006 - Dolchan, Mike; D035 - Stanish, Shannon; D066 - Ellis, Mary Ann; D120 - Talmadge, Alexander; D226 - MAJOR, TAMICA; D283 - Keating, James; E133 - Barker, Ashley

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Fight brews over expected blacked-out Mueller report

Judiciary Committee Chairman Jerrold Nadler may issue subpoenas by Monday.

House Judiciary Committee Chairman Rep. Jerry Nadler. GETTY IMAGES

Congressional Democrats could move forward quickly — as early as Monday — with subpoenas to obtain Special Counsel Robert Mueller's full report on Russian interference in the U.S. 2016 election, after Attorney General William Barr releases a version on Thursday that may have significant portions blacked out.

A day before the planned release of a redacted version of the report, President Donald Trump went to Twitter to renew his attacks on the special counsel's investigation and the FBI.

When the report is released, close attention will be given not only to potential new details on the Trump campaign's contacts with Russia and the question of whether the Republican president acted to impede the inquiry, but also on how much Barr elects to withhold.

The Democratic-led House of Representatives Judiciary Committee voted on April 3 to authorize its chairman, Jerrold Nadler, to issue subpoenas to the Justice Department to obtain Mueller's unredacted report and all underlying evidence, as well as documents and testimony from five former Trump aides.

A source familiar with the matter said Nadler could issue subpoenas as early as Monday. The source, speaking on condition of anonymity, said Friday would be too early for subpoenas unless the entire report were to be blacked out.

"Chairman Nadler has said that subpoenas could come very quickly if we do not receive the full, unredacted report with the underlying evidence from DOJ. We will have to see what comes out on Thursday," committee spokesman Daniel Schwarz said in a statement.

The department this week said the report would be released on Thursday to both Congress and the public, a day before the major religious holidays of Good Friday and Passover.

Barr, who has broad authority to decide how much of the report to release, has promised to be as transparent as possible, but told lawmakers he would redact four categories of content: secret grand jury information, intelligence-gathering sources and methods, information relating to active cases, and information that could affect the privacy of "peripheral third parties" who were not charged.

REUTERS

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Thomas Conlon S709
Angel Cuevas T129
Anetta Moore T827
Devon Green V101
Domingo Vargas W229

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1026 Maurice Brown, 4024 Rachel Green, 3804 Cheryl Jones-Graham, 1007 Kenneth Kahna, 2401 Jessica Mahoney, 2304 Markeith McKnight, 2102 Floyd Prince, 1031 George Rios.
At 10 am at 2515 S. Front St., Phila., PA 19148
1036 Syreeta Johnson, 5457 Robert Krupsky, 4023 Steven Martinez-Lopez, 2020 Brian Sellers, 5558 Irene Thurston, 2031 Akins Wilson.
At 10 am at 7049 Frankford Ave., Phila., PA 19135
110 Clarence Armstrong, 209 Clarence Armstrong, 112 Willie Brounson, 608 Radkeem Burwell, 500 Delores Frink, 14 Delores Frink, 1119 Glen Lavelle, 206 Albert Marrock, 213 Erin Mcgrath, 501 Luis Nelson, 311 Veronica Sharkey, 1705 Anthony Weiss, 104 Tyrone White.
At 10 am at 5440 North 6th Street, Phila., PA 19120
2309 Toni Baugh, 37 Benjamin Burwell, 1110 Lauren Cuttino, 117 Tyrone Lee, 3419 Marlo Poindexter, 909 Shanice Wilkins.
At 10 am at 5026 Ridge Ave., Phila., PA 19128
435 Caye Alexander, 424 Akili Campbell, 3 Curtis Dailey, 711 Monk Hill, 1411 James Jackson, 418 Andre Johnson, 429 Charles Lee, 388 Gerard Muddrey, 404 James Pickett, 103 Herman Riley JR., 686 Colette Robinson, 1623 Leonte Sanders, 699 Tijuana Tancenoe, 2222 Tara G. Tschanz, 522 Dr. Sarah Ullman.
At 10 am at 6758 Ridge Ave., Phila., PA 19128
27 Joseph Blades, 137 Edward Brookins, 165 Thomas Johnson.
At 10 am at 850 N. Eagle Rd., Havertown, PA 19083
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Florida judge blocks release of video in Patriots owner prostitution case

A Florida judge on Wednesday blocked prosecutors from releasing surveillance video from inside the massage parlor where New England Patriots owner Robert Kraft and dozens of other men have been accused of soliciting prostitution.

Prosecutors said earlier in the day in court filings that they would release the recordings, which were captured by police using hidden cameras, in response to public records requests under Florida's expansive open government laws.

But Circuit Court Judge Joseph Marx, who is overseeing the cases involving the spa's owner and manager, ruled that the video would remain sealed pending an April 29 hearing, when he will consider whether the evidence should be suppressed, according to court records.

New England Patriots owner Robert Kraft. REUTERS

Lawyers for Kraft, who has apologized for his actions at the Orchids of Asia Spa but pleaded not guilty to the charges, on Friday asked the judge handling Kraft's case to suppress the videotaped evidence of their client, saying it amounted to "basically pornography." A hearing on that matter is scheduled for next week.

In a letter filed with the court on Thursday, Kraft's lawyers accused prosecutors of committing "gross prosecutorial misconduct" by suggesting they would release the footage before its legality has been established.

Authorities in February announced misdemeanor charges against the 77-year-old Kraft and 24 other men for soliciting prostitution, part of a broader investigation of sex trafficking at massage parlors.

Media companies including ABC and ESPN opposed Kraft's motion, saying the judge would violate Florida's public records laws by suppressing the video.

Kraft purchased the Patriots, one of the National Football League's most successful franchises, in 1994. The team won its sixth Super Bowl under his ownership in February. REUTERS

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Palm Beach shopping guide

JEANETTE SCOTT
letters@metro.us

Palm Beach is known for its glistening beaches, world-famous golf courses and, of course, the shopping.

Home to some of the most well-known and well-loved shopping spots in Florida, the variety of shopping options offered in Palm Beach means there is truly something for everyone.

1. Worth Avenue

We start our tour with the crown jewel of Florida shopping - often referred to as the "Rodeo Drive of the East Coast." Worth Avenue is dripping with luxury. The picturesque street is located just steps from the beach, lined with palm trees, and features haute couture such as Chanel, Louis Vuitton, Lilly Pulitzer and Tiffany & Co.

2. Antiques Row

Located just a short drive from Worth Avenue is Antiques Row, an antiques shopping hotspot for everyone from the most serious collector to a casual shopper. Antiques Row is a collection of more than 40 antique shops offering an impressive selection of 17th to 20th century antiques.

3. CityPlace

Just a few streets over you'll find CityPlace. This bustling hub of retail and dining options includes big name brands such as Anthropologie, Restoration Hardware, and Sephora, and smaller locally owned boutiques. And when the sun goes down the nightlife begins with live music in the square and restaurants open late.

4. Gardens Mall

Looking for shopping with air conditioning? You'll want to head to Gardens Mall. You will enjoy the ambiance of this gorgeous mall with fountains throughout, as well as the shopping, which is a mix of high-end retail like Tory Burch and Chanel and affordable merchandise like Victoria's Secret and H&M.

ALL PHOTOS PROVIDED

5. Downtown at the Gardens

Located right down the street from Gardens Mall, sister mall Downtown at the Gardens is an outdoor dining and retail destination. Restaurants include Avocado Grill and The Cheesecake Factory and the shopping is a perfectly-curated roster of unique boutiques, hip interior decorating spots and select retailers like Urban Outfitters.

6. Palm Beach Outlets

Palm Beach Outlets, is an open air shopping center that features over 100 outlet stores, including some of the best names in fashion including Polo Ralph Lauren Factory Store, Saks Fifth Avenue OFF 5TH, J.Crew I crewcuts Factory, Banana Republic Factory Store, Tommy Hilfiger, Nike Factory Store, Calvin Klein and many more.

When you go...

Check out the Brazilian Court Hotel, a four-star boutique property is perfect for a lovers' escape or even an intimate destination wedding. The hotel's ambiance drips with secret-garden-style romance. Think light Zen-like music playing in the background mixed with the sounds of bubbling fountains throughout the meandering courtyards. It's a favorite hidden locale for celebrities because of the multiple entrances and discreet exits.

The Brazilian Court Hotel is located at 301 Australian Avenue, Palm Beach, FL 33480. For more information and to book your reservation call 561-655-7740 or visit TheBrazilianCourt.com.

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Celebrate with your family at the *Coconut Bay Beach Resort & Spa* in St. Lucia

PAT KING
patrick.king@metro.us

How do you celebrate milestones in your life? Sometimes a simple photo doesn't quite capture the moment accurately. That's why planning a trip to the award-winning Coconut Bay Beach Resort & Spa in St. Lucia is the perfect choice for families celebrating life's most important and sentimental events from graduations and birthdays to Mother's and Father's Day, and reunions.

Located just 5 minutes from the Hewanorra International Airport and close to Saint Lucia's attractions from the world-famous Pitons to the drive-in volcano, the resort has something for everyone with its Two Worlds in One design. There's the Splash wing for families and the Harmony wing for adults to enjoy and the entire resort is a great value all-inclusive for the whole family.

Families with children will have a wild time on the Coconut Coaster and Lazy River at the island's largest waterpark in Splash. Close by is the CocoLand Kidz Klub, a perfect place for your kids to play while the adults enjoy some time in the adults-only Harmony wing. Relax the hours away in this retreat lounging on hammocks and sun tracker beds while wait service delivers your cocktails made with top-shelf liquors. For getting everyone together, the resort's Paradise Beach Bar is the ideal setting to enjoy the sea and sand and beautiful views along a mile-long beachfront.

Why not take advantage of the oceanfront Spa while you have some alone time? All it will take is a short walk from one of the two pools in this adults-only oasis. This would be the perfect treat for Mom and Dad as you can schedule a well-deserved therapeutic spa treatment package for either Mother's Day or Father's Day including "My Hero" an intense deep tissue massage spa therapy package for dad, and for mom the "Mom Knows Best" an invigorating scrub and Swedish Massage spa treatment using locally grown organics.

The resort's premium all-inclusive amenities include 9 restaurants offering unlimited à la carte and buffet dining at indoor, outdoor and stunning oceanside locations. Serving the best organic produce from the resort's gardens and greenhouses, all are accessible to both young children who need their own kid-friendly menus served in high-chairs as well as an array of delicious cuisines for the rest of the family.

To accommodate all guests from toddlers to seniors, the resort has elevators in both its Splash and Harmony wings for easier access. The Splash wing also has the option of connecting rooms, perfect for keeping the family together on this special occasion!

For more information on rates and packages to the Coconut Bay Beach Resort and Spa, head over to cbayresort.com or call 877-252-0304 today.

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PERSONAL INJURY ATTORNEYS

Sixers look to take series lead over Nets in Brooklyn tonight

With the series tied at one game apiece, the 76ers look to set the tone in the Big Apple.

JOE PANTORNO
joseph.pantorno@metro.us

The Sixers are flying high after a Game 2 blowout over the Nets. GETTY IMAGES

The NBA playoffs make their return to Brooklyn for the first time in five years as the Nets host the Philadelphia 76ers in Game 3 of their Eastern Conference first-round series.

The 76ers have reclaimed the momentum after hammering the Nets in Game 2, putting up a 145-123 victory fueled by an NBA-record-tying 51-point third quarter.

Brooklyn managed to snag a surprising split of the series though in the series opener, a nine-point victory where they held three of Philadelphia's starting five to a combined 18 points.

There has been no answer for Sixers star center Joel Embiid, who continues to tear the Nets apart down low.

Despite being limited to an average of 22:35 on the floor over the first two games as he continues to battle knee issues that held him out for 14 of the Sixers' final 24 outings of the regular season, Embiid is still putting up 22.5 points and 12.5 rebounds per game this series.

The Nets inability to find any sort of answer in stopping Embiid has fallen on the shoulders of 20-year-old center Jarrett Allen, who has constantly been bullied by the Sixers star.

It makes Allen the x-factor for Brooklyn's chances in the playoffs as the Sixers have looked beatable while Embiid has either been shut down or not on the floor.

If he can even move Embiid away from the basket and force him to take tougher shots, it will only better the Nets' chances of hanging tough.

As it stands, it's been far too easy for Embiid.

"If you're going to give me that much space, I feel like I can do a lot of things with it... I just decided to be aggressive and drive the ball," Embiid said after Game 2. "We made a big point of finding me in the post. I feel like my teammates did a great job of finding me and we moved the ball, we shared the ball, and we were just aggressive.

That makes the contributions of the other four members of Philadelphia's starting five that much more important as consistency has failed to reach the jelling group.

JJ Redick, Jimmy Butler, Tobias Harris, nor Ben Simmons have been able to record double-digit scoring outputs in each of the first two games of the series.

Should the five click — and we saw hints of that in the third quarter of Game 2 — then the 76ers will be an unstoppable force for at least this series.

For the Nets, a return home to the Barclays Center might just be what the doctor ordered.

"Very, very excited. I know the Barclays Center is going to be jumping in there," All-Star point guard D'Angelo Russell said. "I know our fans are [hungry]. Philly fans, they treated us well. I know our fans are going to treat them well, so we're excited about that. Get back home, take care of home court. The buzz around the city is what we need. We need that atmosphere, we need that energy to be up like that."

Russell's main objective come Game 3 will be to try and get his offensive game going while being guarded by Simmons. After torching the Sixers for 26 points in Game 1 while Simmons was affected by the boos of his home fans, Russell was limited to just 16 points in Game 2 by the 76ers guard.

"Ben was excellent," Nets head coach Kenny Atkinson said of Simmons. "He really picked it up. ... They picked [Russell] up full court, denied him. That got us out of our rhythm."

Big contributions from Russell will be one of the only ways the Nets can hang in this series, especially if things get into an offensive shootout like in Game 2.

Tip-off for Game 3 is at 8 p.m. ET tonight and can be seen on NBC Sports Philadelphia or TNT.

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FanDuel Sportsbook continues to surge

FanDuel COO Kip Levin speaks with MetroBet.

MATT BURKE

Matt Burke is a veteran sports journalist and the Founder and Editor in Chief of MetroBet.

GETTY IMAGES

FanDuel Sportsbook is dominating in the state of New Jersey and its next target is Pennsylvania. The daily fantasy sports giant opened up a retail location at Valley Forge Casino in March and is anxiously awaiting the green light to get its popular online product up and running in the state.

"We wanted to be quick out of the gate in Pennsylvania and we've gotten a good response to what we've built up so far with Valley Forge," FanDuel COO Kip Levin said in an exclusive interview with MetroBet this week. "But we know that 80 percent of the market in New Jersey is online. We're ready to roll online."

Levin expects that legal online betting in Pennsylvania will be in place — at the very latest — by the start of the NFL season in September, but is hopeful that they'll get the OK from the Pennsylvania Gaming Control Board this summer.

FanDuel Sportsbook does huge online business in New Jersey as it has surged past rival DraftKings as the top digital and retail power in the Garden State. DraftKings was the clear leader in the sports betting clubhouse in New Jersey in September through November but FanDuel has taken over the No. 1 spot in three of the last four months.

"[DraftKings] had a head start on us as they were in the market online 30 days before us," Levin told MetroBet. "I think our merger [with Paddy Power Betfair] helped a lot because we have a team with a ton of experience in regulated sports betting that is already an established brand and has a ton of sports betting data."

Despite the start of the 2019 NFL and college football seasons still being four months away, and March Madness now in the rearview mirror, Levin expects a big spring and summer for the company.

"We had so much interest in Tiger during the Masters and we hope that will continue with the other majors," Levin said. "We'll also continue to roll out new in-play betting options as baseball heats up. In-play betting makes up for over 50 percent of the wagers we take."

You can get a risk-free bet up to $500 by signing up for FanDuel Sportsbook today: **https://tinyurl.com/y665pabz**.

TWEET OF THE DAY

Russillo
@RyenARussillo

Philly should never have to worry about scoring balance or ball movement in this series. Just keep attacking w/ the size advantage.

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Sixers vs. Nets Game 3

The Sixers have posted an 8-2 record to the Under in their last 10 first-round playoff games and they have gone an excellent 8-3 to the Under in their last 11 games on the road versus a team with a winning record. The Nets have been an Under team as well in the spot they are in here tonight. Throw in the fact that these two teams have gone 7-3-1 to the Under in their last 11 head-to-head meetings at Barclays Center and that's where we'll have our play as we think both teams struggle a bit on the offensive end.

THE PICK:
Sixers–Nets Under

Sports betting 101: What are totals?

VSiN

When you're looking at the betting odds for totals, this is a reflection of the combined score of both teams. That means that you are looking at whether the combined score of both sides will go over or under a set number. (For that reason, this type of bet is also often called an Over/Under bet.) For example, the sportsbook might set the total at 66 for an Eagles game against a high-scoring opponent. This means that they predict that the two teams will score a combined total of 66 points. You will then place a wager on whether the actual combined score will be over or under that amount. If you think that one or both teams have a particularly strong offense and it will be a high-scoring affair, you would bet Over. If you think it will be a defensive struggle, ending in very low scores on both or either side, then you would bet Under. If the final score is something like 44-40, then the combined score would be 84, meaning the game is an Over. If the final score is something like 33-32, making the combined score 65, then it is an Under.

Sometimes the combined scores will land right on the total. In our example, if the score ended up being something like 34-32, then the combined score would be 66, exactly the predicted total. This situation is called a "push" or a "tie." In these cases, no one wins the bet, and you would simply get your money back. To avoid these situations, sportsbooks will often set the total at a half-number, like 66.5. This way, if the final combined score was 66, it would be an Under, and a 67 would be an Over.

GETTY IMAGES

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Betting breakdown of the NBA playoffs

VSiN

It's already crystal clear that Game 3 and the rest of the NBA playoff series between the Sixers and Nets is going to be an inside-outside battle.

The Nets can't guard the Sixers inside the arc. Brooklyn must hit a bunch of 3-pointers to make up for that defensive deficiency.

Look at Philadelphia's scoreboard edge so far if you exclude 3-point baskets.

Scoring on 1s and 2s

Game 1: Philadelphia 93, Brooklyn 78

Game 2: Philadelphia 118, Brooklyn 78

Rebounding also happens inside the arc. Philadelphia won that stat 50-45 in their opening game loss, and 49-32 in their bounce-back blowout.

Brooklyn has dominated the 3-point category, winning "makes" in the opener 11-3 (plus 24 points) and the rematch 15-9 (plus 18 points).

It's important for handicappers and bettors to realize that those dynamics aren't likely to change with the site switch to Barclays Center.

Will the new locale make it more difficult for Philadelphia to own the inside? Maybe, if the refs swallow their whistles in front of rabid Nets fans. Just a maybe.

GETTY IMAGES

Will home cooking help the Nets shoot better on treys? Brooklyn is already shooting very well on treys! The Nets have nailed 41.9 percent of their bombs, which is equivalent to 62.9 percent on deuces.

Sharps (professional bettors) prefer investing in teams that have the easiest path to points. That's why Philadelphia drew initial interest at the opener of -2.5 before the market settled at three.

Philadelphia will likely be the point spread favorite in every game, which makes them a prohibitive favorite to advance. Assume about 58 percent to win road games, about 75-80 percent to win Game 5 at home. The Nets need to hit a lot of threes to take this series deep.

Sports on TV Highlights

8:00 pm	**NBA Basketball** Philadelphia 76ers vs. Brooklyn Nets	NBC Sports Philadelphia
8:40 pm	**MLB Baseball** Philadelphia Phillies vs. Colorado Rockies	NBC Sports Philadelphia +
8:30 pm	**NHL Hockey** St. Louis Blues vs. Winnipeg Jets	USA
9:00 pm	**NBA Basketball** Denver Nuggets vs. San Antonio Spurs	NBA TV
10:00 pm	**NHL Hockey** Vegas Golden Knights vs. San Jose Sharks	NBC Sports Network
10:30 pm	**NBA Basketball** Golden State Warriors vs. Los Angeles Clippers	TNT

NBA playoffs
Thursday betting preview

MetroBet breaks down Thursday's NBA playoff games.

Sixers at Nets
Moneyline: Sixers -150, Nets +130
Betting Total: 227.5 points
The Sixers rode a 51-point third quarter to a convincing Game 2 victory over the Brooklyn Nets at the Wells Fargo Center on Monday night. One good quarter hardly suggests that the Sixers have wrested control of the series. The Nets could easily bounce back as the venue shifts to Brooklyn's Barclays Center.

The Sixers had a minus 2.7 point differential in road games this season and went just 17-24 ATS. Center Joel Embiid is clearly playing hurt, grimacing throughout the first two games while missing some minutes. He's like a ticking time bomb for Philadelphia in this series.

Point guard D'Angelo Russell was held to 16 points in Game 2, but accounted for 26 in Game 1. It's been a fascinating battle between him and Ben Simmons, who recorded a triple-double (18 points, 12 assists, 10 rebounds) last time out. The pendulum is due to swing in Russell's direction at home.

Warriors at Clippers
Moneyline: Warriors -400, Clippers +330
Betting Total: 237 points
Steph Curry and Kevin Durant have actually been more productive on the road this year than at home, as Curry has averaged 2.1 additional points per game, while Durant has averaged an additional 0.8 point per game.

ROBERT CRISCOLA

VSiN DAILY LINE

NBA

PHILADELPHIA 76ERS -3 VS. BROOKLYN NETS

DENVER NUGGETS VS. SAN ANTONIO SPURS -3.5

GS WARRIORS -8.5 VS. LOS ANGELES CLIPPERS

MLB

PHILADELPHIA PHILLIES +100 VS. COLORADO ROCKIES -110

NHL

ST. LOUIS BLUES +115 VS. WINNIPEG JETS -135

VEGAS GOLDEN KNIGHTS +110 VS. SAN JOSE SHARKS -130

WASHINGTON CAPITALS +100 VS. CAROLINA HURRICANES -120

Sudfeld officially main man behind Wentz

The Eagles secured their backup quarterback for 2019 earlier this week.

JOE PANTORNO
joseph.pantorno@metro.us

Nate Sudfeld signed his second-round tender on Monday. GETTY IMAGES

Earlier this week, Philadelphia Eagles backup quarterback Nate Sudfeld signed his second-round tender to stay with the team through the 2019 season where he'll make just over $3 million.

On paper, it's a pretty mundane move. So is usually the case when it comes to transactions involving backup quarterbacks.

After all, this is just the clipboard holder, right?

Not so fast.

Sudfeld's signing officially means that he will take over for Nick Foles — the darling of Philadelphia — as the team's No. 2 quarterback after the Super Bowl MVP joined the Jacksonville Jaguars in free agency earlier this season.

The decision to let Foles walk despite leading the Eagles to a first-ever Super Bowl and a subsequent playoff appearance out of nothing the following year only confirmed that this is Carson Wentz's team.

It's a decision that has come with its hesitations and reservations, considering Wentz has battled the injury bug throughout his NFL career.

His MVP-worthy campaign in 2017 was cut short due to a torn ACL, opening the door for Foles to play Cinderella for the Eagles, who defeated the Patriots in Super Bowl LII.

Last year saw a mysterious back injury come to light as a stress fracture in his back suffered during adolescence worsened midway through 2018.

Sitting since Week 12 of last season, Wentz has had ample time to rest and recover. Yet the 26-year-old admitted as the Eagles reported to offseason workouts that he isn't 100 percent healthy yet as he continues to rehab both his knee and his back.

Seeing as it's April, there isn't much cause for concern. However, the longer these knocks linger, the less time Wentz will have practicing with the first team and getting reacclimated to the speed of the NFL.

Should another injury arrive, that means the Eagles are Sudfeld's team.

The 25-year-old has appeared in just three games with the Eagles since being signed to the practice squad in 2017. The very-limited numbers have been good, completing 20-of-25 passes for 156 yards and a touchdown, though the sample size is far too small for any Eagles fan to feel confident should Wentz go down.

It's quite the gamble the organization is making, but they'll be hoping it's nothing to worry about and that Wentz just stays healthy and on the field for a full 16 games in 2019.

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FOR DIABETIC TEST STRIPS!!
#1 IN CUSTOMER SERVICE • MOST BRANDS ACCEPTED
WE PAY YOU MORE!! UP TO $60 PER BOX!!
(MUST BE UNOPENED AND NON-EXPIRED TEST STRIPS)
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TO SCHEDULE A PICK UP TODAY!

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- OneTouch Ultra Blue
- Freestyle Lite
- Contour
- Dexcom & Omnipods

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OIC
PHILADELPHIA

**Your future is calling at...
PHILADELPHIA**
Opportunities Industrialization Center

OIC has **Tuition FREE** Hospitality Classes with Internship & Job Placement assistance available in the following fields:

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Housekeeping: 9 weeks

Front Desk Operations
Front Office: 9 weeks

START DATE: May 6th, 2019
APPLICATION DEADLINE: May 3rd, 2019
CLASS DAYS & TIME: Monday - Friday • 8:30am - 2:45pm
CONTACT: Mrs. Council-Grant, Admissions Specialist
215.236.7700 (ext. 325)
LOCATION: 1231 N. Broad Street, 4th Floor, Philadelphia, PA 19122

REQUIREMENTS:
- Must bring your **High School Diploma/Transcript or GED**
- Must bring a **Valid State ID** (school ID not permitted)
- PA/DE & NJ Residents are welcome
- Must apply at OIC **Monday - Friday from 9am - 2pm**
- TABE Testing Administered on site
- Must be able to adhere to our professional dress code policy if accepted to participate, which consists of black dress slacks or skirt, white dress shirt/blouse, black or dark color tie and blazer, black non-slip shoes (uniform starts the day of orientation)
- Must provide OIC with **three written references** at orientation (non-family members)
- **NO APPOINTMENT NECESSARY (PLEASE DO NOT BRING CHILDREN)**

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SAME DAY PICKUP
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Free pickup!
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$$$ UP TO $1100.00 $$$
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For Any Junk Cars or Trucks
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GUARANTEED
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$ PAYING up to $50/Box $
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Provide statistical programming, data analysis and data mapping to support clinical trials & FDA submission related to new drug development. Create complex SAS programs/ macros to generate & validate safety and efficacy LTFs and analysis datasets (SDTM, ADaM). Req: Master's degree/ equiv in Statistics, Biostatistics, Mathematics or related, strong skills in SAS programming, data analysis, SDTM & ADaM datasets for clinical studies; SAS Advanced Programmer Certificate.
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AND BUS ATTENDANTS WANTED

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- Competitive Wages
- Benefits Package
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- Training Available for CDL and Non-CDL Drivers
- Classes Forming Now
- $500 SIGN-ON BONUS FOR DRIVERS WITH CURRENT CREDENTIALS

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Please Apply in Person
Monday through Friday
9:00am to 3:00pm

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215-383-0470

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(310 George Patterson Blvd Ste 108, Bristol, PA)
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(310 W Johnson Hwy Ste 104, Norristown, PA)

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Abington, PA

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Immediate employment available.
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MISCELLANEOUS

PUBLIC NOTICE

MAGNET RECOGNITION PROGRAM® - SITE VISIT

- Albert Einstein Medical Center has applied to the American Nurses Credentialing Center (ANCC) for the prestigious designation of Magnet. Magnet designation recognizes excellence in nursing services.
- Patients, family members, staff, and interested parties who would like to provide comments are encouraged to do so. Anyone may send comments via e-mail and direct mail. All comments received by phone must be followed up in writing to the Magnet Program Office.
- Your comments must be received by the Magnet Program Office by May 11, 2019.

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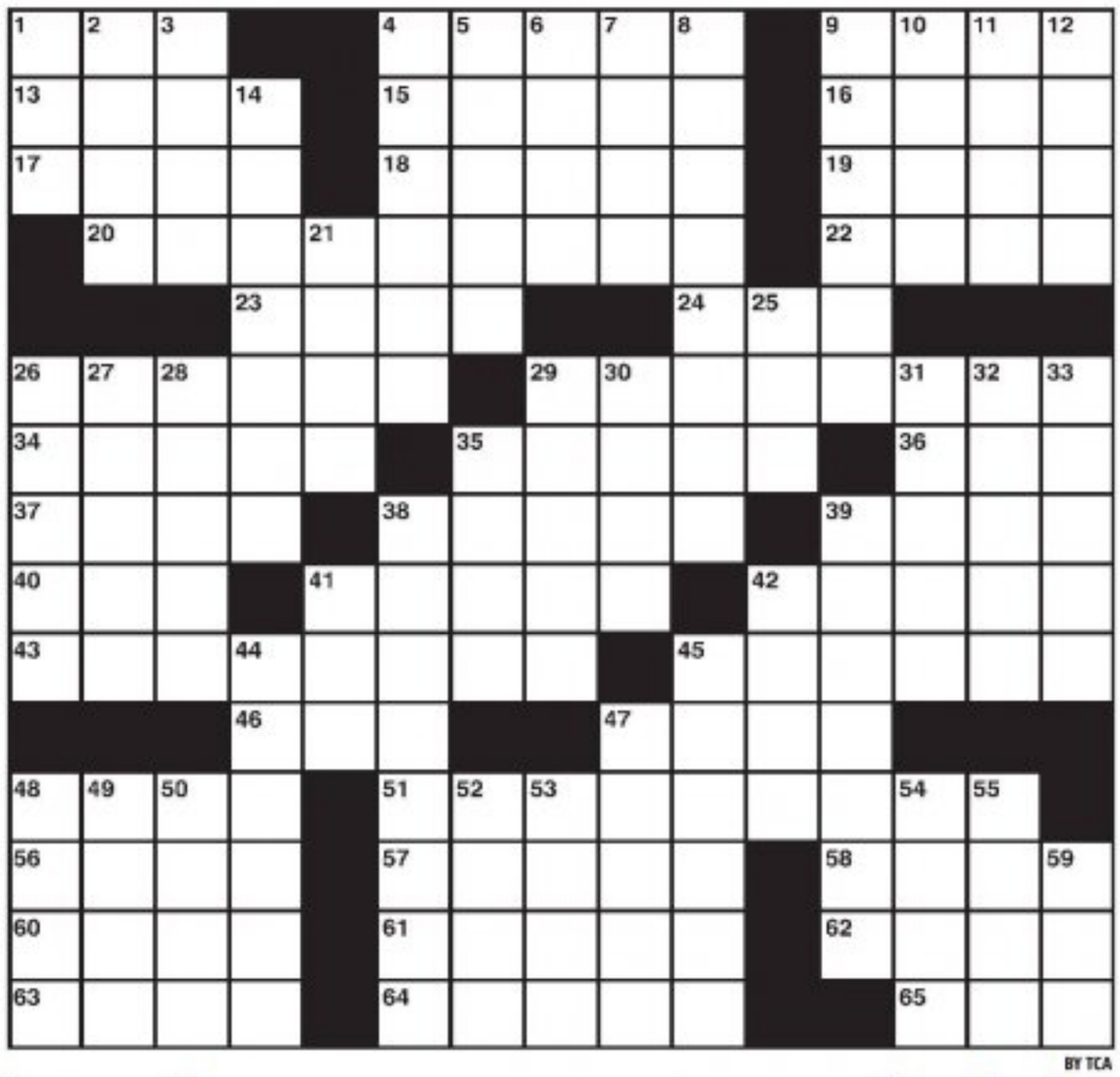
GAMES

metro.us/crossword

Powered by Arkadium

Check your answers at metro.us/games



ACROSS
1 Sit-__; ab exercises
4 Instruct
9 Diminishes
13 Increase
15 Ease, as another's fears
16 Ivory or Dial
17 Circle dance
18 Annoying people
19 Sightseeing trip
20 Seven weeks after Easter
22 TV show award
23 Small fruit pie
24 Female animal
26 Laundry problems
29 Quivering
34 Elephant's nose
35 Pigtail
36 Gun the engine
37 Ladder step
38 Punctuation mark
39 Elvis' "__ Me Tender"
40 __ like; pretend to be
41 Window pieces
42 Creator
43 Bothered
45 Dressy clothes
46 "If I __ a Hammer"
47 James __; 007
48 Long narrative
51 Rebel
56 First man
57 Lasso loop
58 Authentic
60 Rattle; upset
61 Mt. Aconcagua's range
62 "Oh, for Pete's __!"
63 Peepers
64 Minimum
65 Ball holder

DOWN
1 Word of disgust
2 __ up; support
3 Blister or boil
4 Narrow candles
5 Chosen few
6 Additionally
7 Popular pets
8 Frenzied state
9 Hold in high regard
10 Sound of an explosion
11 "The Wizard of Oz" author
12 Nimble
14 Desiring
21 __ top; sleeveless shirt
25 Marry
26 Satchel feature
27 Cease-fire
28 Dad's sisters
29 Carrying a gun
30 Flat caps
31 Penniless
32 Crowbar
33 Each
35 Humerus or clavicle
38 Church official
39 Columnist Ann
41 Split __ soup
42 Actress __-Na Wen
44 Longest river entirely in England
45 Woods
47 Public transports
48 Not in danger
49 One __ Multivitamins
50 Long look
52 Nary a one
53 Ice cream concoction
54 __ as a pin
55 __ away; subtract
59 Gen. Robert E. __

BY TCA

metro.us/wordsearch

K	I	L	G	R	A	V	E	B	P
O	R	K	T	T	S	E	N	O	J
L	E	V	M	N	C	E	L	A	S
A	T	I	I	I	A	I	X	C	L
C	E	H	N	N	C	N	O	S	D
I	P	O	G	E	C	T	N	I	O
S	S	W	B	I	T	E	V	E	C
S	N	O	H	I	R	A	N	L	T
E	X	M	S	O	D	F	I	T	O
J	D	H	H	A	R	D	Y	I	R

Alec
David
Doctor
Fright
Hardy
Jessica
Jones
Kilgrave
Peter
Police Box
Scottish
Sonic
Tennant
Vincent
Who

metro.us/wander

Category: Animated Film

O	U	N	O
Y	R	D	G
N	I	R	A
R	A	W	O
T	O	T	H

Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

	9		7		1	2		
	3	2				1	7	
7		6	5					
		1		8	9		3	
		8				6		
	2		6	1		8		
					3	5		7
	7	3				4	6	
		4	1		6		9	

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Yesterday's Answers

■	S	A	N	■	O	M	E	G	A	■	A	R	C	H
A	L	S	O	■	R	I	G	O	R	■	L	U	A	U
M	I	T	T	■	I	N	G	R	E	D	I	E	N	T
A	P	R	■	D	O	U	S	E	■	R	E	S	T	S
■	■	O	R	A	L	S	■	■	W	O	N	■	■	■
S	E	N	A	T	E	■	■	R	I	P	S	A	W	■
A	R	O	M	A	■	S	P	U	D	S	■	F	E	E
G	E	M	S	■	G	U	I	D	E	■	S	T	A	Y
A	C	E	■	R	A	N	G	E	■	S	T	E	V	E
■	T	R	O	O	P	S	■	■	S	T	A	R	E	D
■	■	■	R	U	S	■	■	P	I	E	R	S	■	■
F	L	E	E	S	■	S	P	A	S	M	■	H	E	M
L	E	N	G	T	H	I	E	S	T	■	M	A	X	I
Y	O	Y	O	■	I	R	A	T	E	■	A	V	I	D
A	S	A	N	■	J	E	T	E	R	■	N	E	T	■

metro

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Alliance for Audited Media

Living with Sickle Cell Disease?

If you have Sickle Cell Disease you may be eligible to participate in a Clinical Research study being conducted in our area. This Clinical Research study is designed to evaluate an investigational study medication for sickle cell crises associated with sickle cell disease.
You may be eligible if you are:

- Between 16 and 70 years of age and
- Have been diagnosed with sickle cell disease

Study Participants will receive study-related medical care and study medications at no charge. Compensation may be offered for time and travel
All Appointments will be at a clinical research center near you.

To see if you qualify please call:

215-884-1700

Heavy Periods due to uterine fibroids?

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• Must be 18 yrs. or older

To learn more or see if you qualify:
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Memory problems that increasingly impact everyday life can be an early sign of Alzheimer's Disease. So if you or a loved one are experiencing worsening memory loss, call our center today 215-884-1700 to learn more about a new memory loss clinical research study.
All study related medical care is provided at no cost and compensation for time and travel may be provided. You can Also learn more about the study and register using our website

www.theclinicaltrialcenter.com

The Clinical Trial Center 215-884-1700

815 Greenwood Avenue • Suite 12 • Jenkintown, PA, 19046

If you're the one who won't accept defeat, be the one who isn't defeated by Alzheimer's.

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Take part in research that could help prevent Alzheimer's.

The Generation Study is a clinical trial investigating treatments that may be able to prevent the onset of Alzheimer's. After decades of research we believe we may be close to finding something remarkable. But now we need your help.

If you're 60-75 and have not been diagnosed with any memory impairment, this is your chance to join the fight against Alzheimer's. A fight we can take on together.

Isn't that something you'd like to be remembered for?

See how you can help by calling 215-884-1700

Generation Program